

TOMASSONI TOUR SCHEDULE

SEPTEMBER 18-20

All times below are subject to slight changes.

THURSDAY

- **Check In | 4:00 p.m. - 7:00 p.m.**
 - Participants will arrive at Fortune Bay Resort Casino and drop off their bikes at the Ski Hut tent outside of the hotel before proceeding indoors to the Tomassoni Tour check-in table, where they will turn in any remaining funds/raffle tickets, choose incentive prizes, and get their hotel key.
- **Social Hour (Cash Bar) - Woodlands Ballroom, Fortune Bay Resort Casino | 5:00 - 6:00 p.m.**
- **Dinner - Woodlands Ballroom, Fortune Bay Resort Casino | 6:00 - 8:00 p.m.**
- **New Rider Meeting | 7:00 p.m.**
- **Welcome Program & Ride Details | 7:30 p.m.**

FRIDAY

- **Breakfast at Gold Mine Grill | 7:00 - 9:30 a.m.**

- **FULL Ride Bus Departure Outside of Lobby | 7:50 a.m.**
 - Ride Start | 8:45
- **HALF Ride Bus Departure Outside of Lobby | 9:45 a.m.**
 - Ride Start | 10:15
- **Lunch Station Open from 11:00 - 2:00 at the Finish Line**
- **Bus Departure back to Fortune Bay | 2:00 - 2:30 p.m.**

- **Complimentary Massages in Pool Area | 3:00 - 5:00 p.m.**
- **Outdoor Hospitality Hour at the Lake | 3:30 - 4:45 p.m.**
- **Live Broadcast of The Lift at the Lake | 4:30-5:00 p.m.**
- **Social Hour (Cash Bar) at the Lake | 5:00 p.m.**
- **Brief Overview of Saturday's Route & Fundraising Recognition | 5:15 p.m.**
- **Traditional Northern Minnesota Outdoor Walleye Fish Fry at the Lake | 5:30 p.m.**
- **Live Entertainment by Deuces Wild in Woodlands Ballroom | 7:30-9:30 p.m.**

SATURDAY

- **Breakfast at Gold Mine Grill | 7:00 - 9:00 a.m.**

- **FULL Ride Bus Departure Outside of Lobby | 8:15 a.m.**
 - Ride Start | 9:00
- **HALF Ride Bus Departure Outside of Lobby | 9:20 a.m.**
 - Ride Start | 10:15
- **Lunch at Jim's Bar | 11:00 - 2:00**
- **Mandatory Group Photo New Tomassoni Arch | 2:15 p.m.**
- **Bus Departure back to Fortune Bay | 2:30 p.m. & 3:00 p.m.**

- **Complimentary Massages in Pool Area | 3:00 - 6:00 p.m.**
- **Social Hour in Woodlands Ballroom | 5:00 - 6:00 p.m.**
- **Dinner in Woodlands Ballroom | 6:00 - 7:00 p.m. (Silent Auction closes at 7pm)**
- **Banquet Program and Unveiling of our Fundraising Total | 7:15 - 8:30 p.m.**

SUNDAY

- **Breakfast at Gold Mine Grill | 7:00 - 8:30 a.m.**
- **Collect Your Bike Outside | 8:00 - 10:00 a.m.**
- **Check out by 11:00 a.m.**

TOMASSONI TOUR SAFETY & EMERGENCY PROCEDURES

EACH TOMASSONI TOUR PARTICIPANT SIGNS A WAIVER AT THE TIME OF REGISTRATION. PLEASE TAKE THE TIME TO REVIEW OUR SAFETY AND EMERGENCY PROCEDURES.

- When in doubt ALWAYS call 911 first. The trail is accessible to emergency vehicles
- Our traveling Tomassoni Tour EMTs will shadow riders from the highway and can be reached by phone
- First aid supplies are available at rest stations
- A Google map of the Mesabi Trail is available at mesabitrail.com - Mesabi Trail mile markers are on the map to assist 911 in locating incidents
- Please be aware of your location, should you need to call for assistance
- Rider Drop Out: If a rider feels they cannot finish, call a coordinator to arrange transportation
- Thunderstorms: If you see lightning or hear thunder - Leave the trail and seek shelter (Each rest stop has shelter available. Don't return to the trail until 30 minutes after the last crack of thunder)
- Mechanical Repair is available by phone
- A "sweep" will be following the last riders - they are available by phone
- Incident Report Forms: In the case of an accident, injury or any notable incident - contact Kaila Hlava or Corey Kolquist so we can fill out a report
- Weather delays - we will send a mass text message if we are requiring people to shelter at the nearest aid station
- This is a tour, not a race
- Travel with traffic on the right side of the road
- NO pace lines
- Everyone is required to wear a helmet
- We do not stop vehicle traffic at road crossings - Yield to motor vehicles.
- You will encounter 2-way bike traffic on the trail
- The trail is not closed for our event
- Treat the trail like a highway - Stay to your right
- Pass on the left - Announce your presence: "On your left"
- If possible, bike with your cell phone and carry the emergency contact information card

CALL 911 FOR MAJOR INCIDENTS

Call our EMS for minor medical needs

Ask volunteers at rest stops for basic medical supplies (Band-Aids)

Call Dave (Ski Hut) for mechanical needs

Call Corey for drop-out, or general needs/concerns

Weather Plan

Date: September 10, 2025



In Case of Inclement Weather:

- **Ride Status:** The ride continues rain or shine. Be prepared with suitable clothing.
- **Cancellation:** The event will only be canceled for severe weather that won't clear the area. A decision will be made by 8:00 a.m., and riders and volunteers will be notified via email or phone.
- **Suspension:** If a storm arises, the ride may be suspended until conditions improve.
- **Thunderstorms:** Riders must shelter in place until 20 minutes after the last lightning or thunder.
- **Rain:** Riding in rain is permitted.
- **Storm Shelters:** Available at all rest stops (marked on your "Day" map)
 - **Day One:**
 - Tower: Community Center
 - Eagles Nest: Township Building
 - Ely: Miner's Dry
 - **Day Two:**
 - Embarrass: Timber Hall (Full Start)
 - Giants Ridge: Wynne Lake Public Access: Rest Stop
 - Gilbert: Fitz's Wandering Pines (Half Start)
 - Mountain Iron: Rest Stop
 - Chisholm: Jim's Sports Club Bar and Grill

Questions: Volunteers will direct you to safety. For any other weather-related questions, please contact Corey Kolquist at (218) 213-8177.

Note: Once on the trail, no alternate transport is available back to the finish line except in cases of extreme emergencies. Riders uncomfortable with weather conditions may return to the hotel from the start point before the ride begins. Their bikes will be transported separately.

Air Quality Plan

Date: August 29, 2025



Purpose

This air quality policy has been developed to assist the Tomassoni Tour team in determining the best course(s) of action should the ride be impacted by low visibility or forest fire smoke.

Overview

The U.S. Air Quality Index (AQI) is EPA's tool for communicating about outdoor air quality and health. The AQI includes six color-coded categories, each corresponding to a range of index values. The higher the AQI value, the greater the level of air pollution and the greater the health concern.

Tomassoni Tour context

The Tomassoni Tour is a long-distance bicycle ride that travels across varying terrain and conditions over several days. For the purposes of determining appropriate action, the AQI rating should be taken from the nearest monitoring station to the race start/finish line.

Appropriate actions based on air quality category

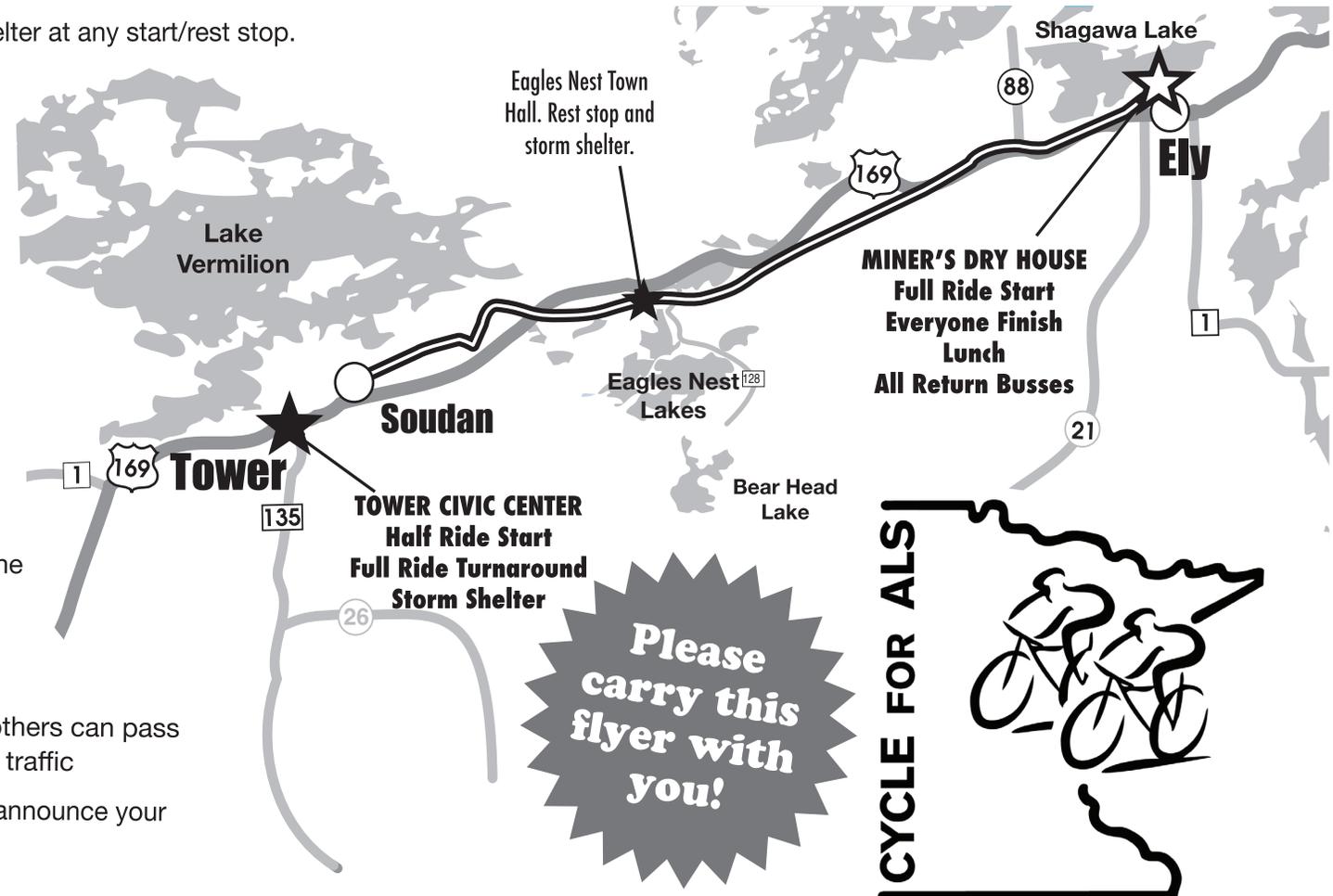
Air Quality Category	Message	Action
Green - Good AQI: 0-50	Air quality is satisfactory, and air pollution poses little or no risk.	Ideal conditions for the event.
Yellow – Moderate AQI: 51 to 100	Air quality is acceptable. However, there may be a risk for some people, particularly those who are unusually sensitive to air pollution.	Be aware of health effects of smoke and related symptoms
Orange – Unhealthy for Sensitive Groups AQI: 101 to 150	Members of sensitive groups may experience health effects. The general public is less likely to be affected.	Be aware of health effects of smoke and related symptoms
Red – Unhealthy AQI: 151 to 200	Some members of the general public may experience health effects; members of sensitive groups may experience more serious health effects.	Reduce event to maximum 25 mi length. Provide warning to riders with respiratory issues e.g. Asthma.
Purple – Very Unhealthy AQI: 201 to 300	Health alert: The risk of health effects is increased for everyone.	Cancel or postpone cycling portion of event. Proceed with other activities in indoor space available
Maroon – Hazardous AQI: 301+	Health warning of emergency conditions: everyone is more likely to be affected.	Cancel or postpone cycling portion of event. Proceed with other activities in indoor space available

Tomassoni Tour '25/Cycle for ALS - Course & Safety Information

- **If there is a major emergency - always call 911.** Cell phones work along most of the Mesabi Trail and it is accessible by emergency vehicles.
- Volunteers will be clearly visible by wearing volunteer shirts. Course marshals will wear safety vest and use orange flags.
- **Mechanical emergencies** - contact a support team via Corey at **218-213-8177** or through any tour volunteer. Tire pumps & repair tools are available at both start points and rest stops.
- **Minor medical emergencies** - First Aid is available at all rest stops or by contacting Phil Olson traveling the trail at **218-966-2246**. Tour volunteers can assist you as well.
- In the case of a thunderstorm seek shelter at any start/rest stop.

To have a safe and pleasant day – here are a few reminders:

- Everyone **MUST** wear a helmet.
- Remember that this is a recreational tour – not a race
 - Please – no pace lines
 - Obey the rules of the road
 - Stop at stop signs - follow right of way rules
 - Travel *with* motor vehicle traffic on the right side of the road.
 - **We do not stop vehicle traffic.**
Always yield to motor vehicles.
- Stay on the right side of the trail, so others can pass you if needed. There **will be** two-way traffic
- Please use caution when passing and announce your presence by calling out “on your left”.

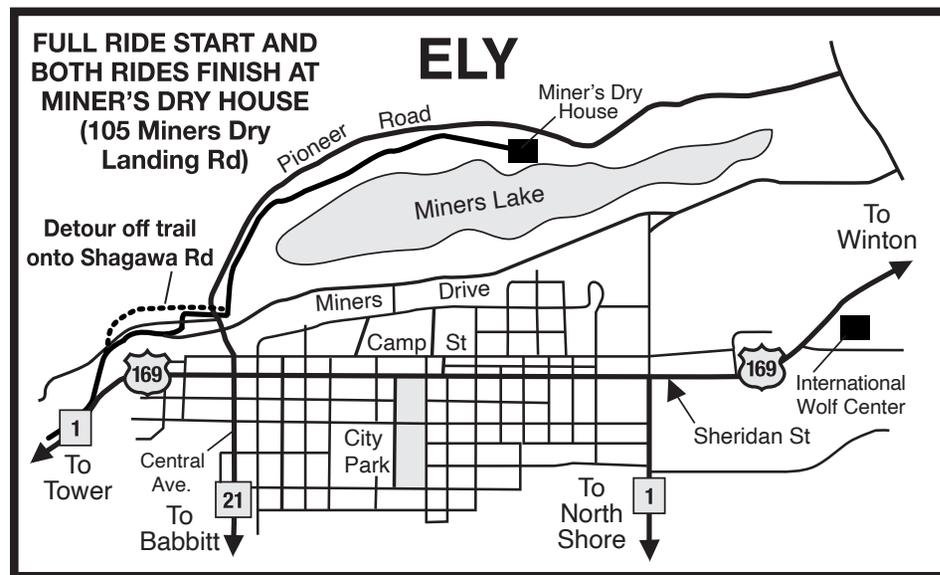
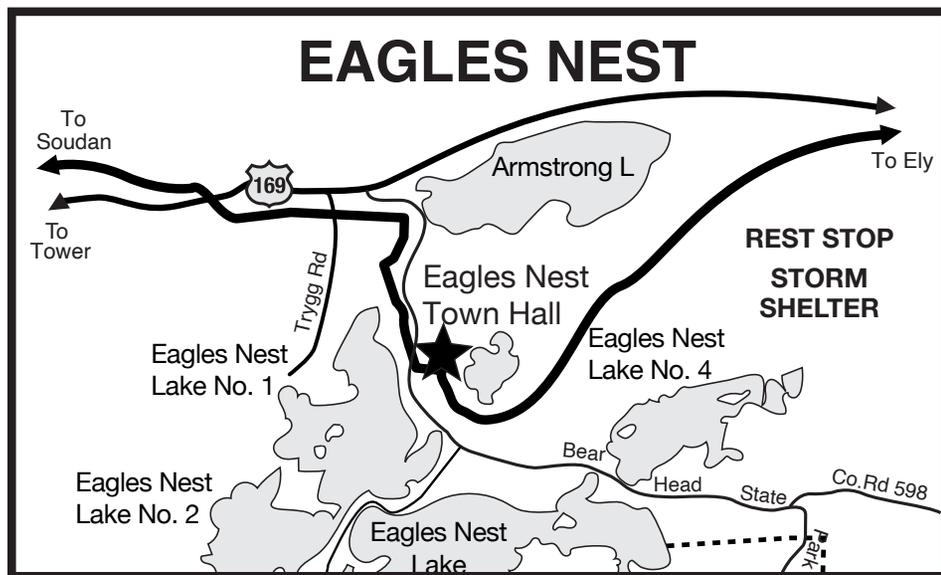
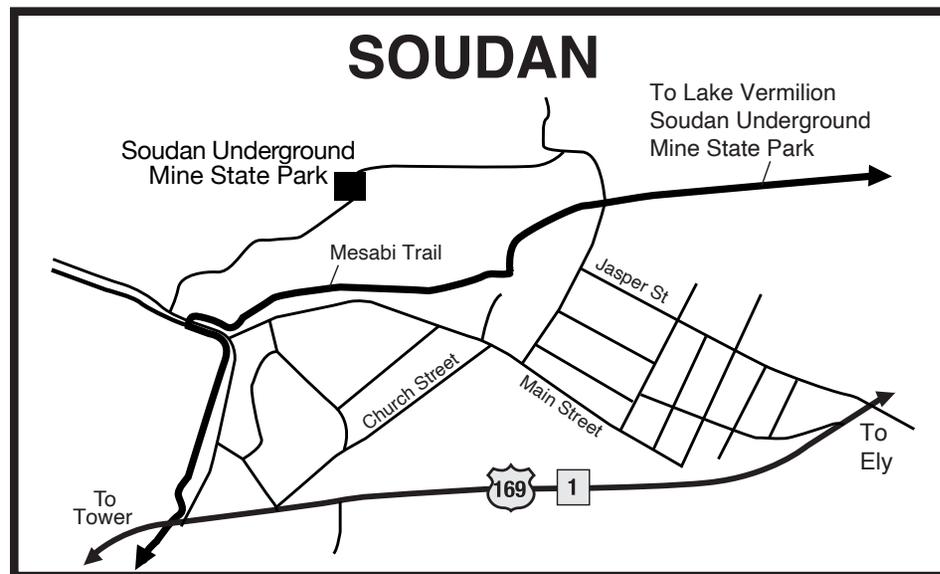
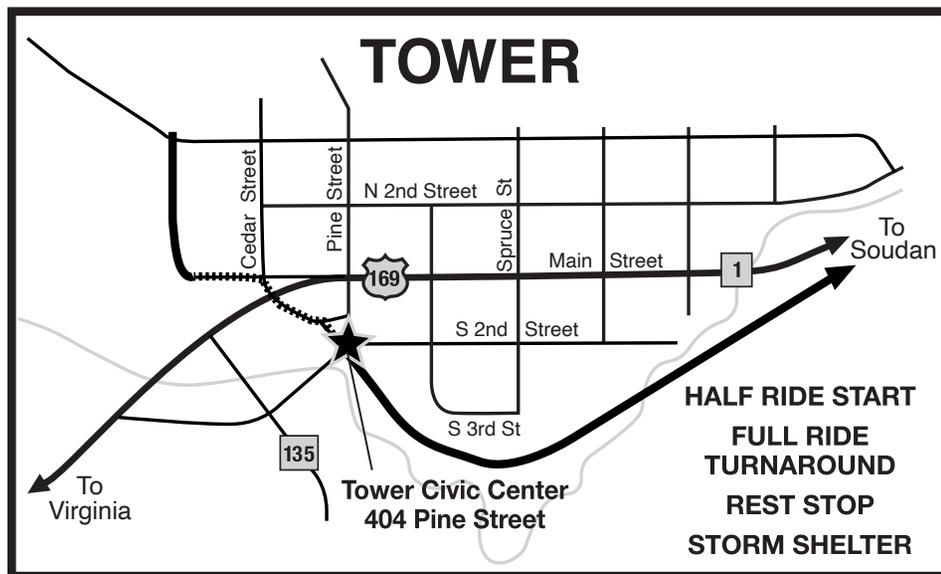


ALL ROUTES WILL BE ON THE MESABI TRAIL.
You will encounter two-way traffic – so please stay on your right – and for safety's sake, slow down at hills and turns.



Tomassoni Tour '25/Cycle for ALS - Course Information

Start/Finish, Turn-around Points, Rest Stops, Mesabi Trail Towns



Follow green bike route signs, stencils on the road and bike tour signs.

You can access an interactive map of the Mesabi Trail at mesabitrail.com - Go to "Plan your trip/Trail Segments/Vermilion Segment"

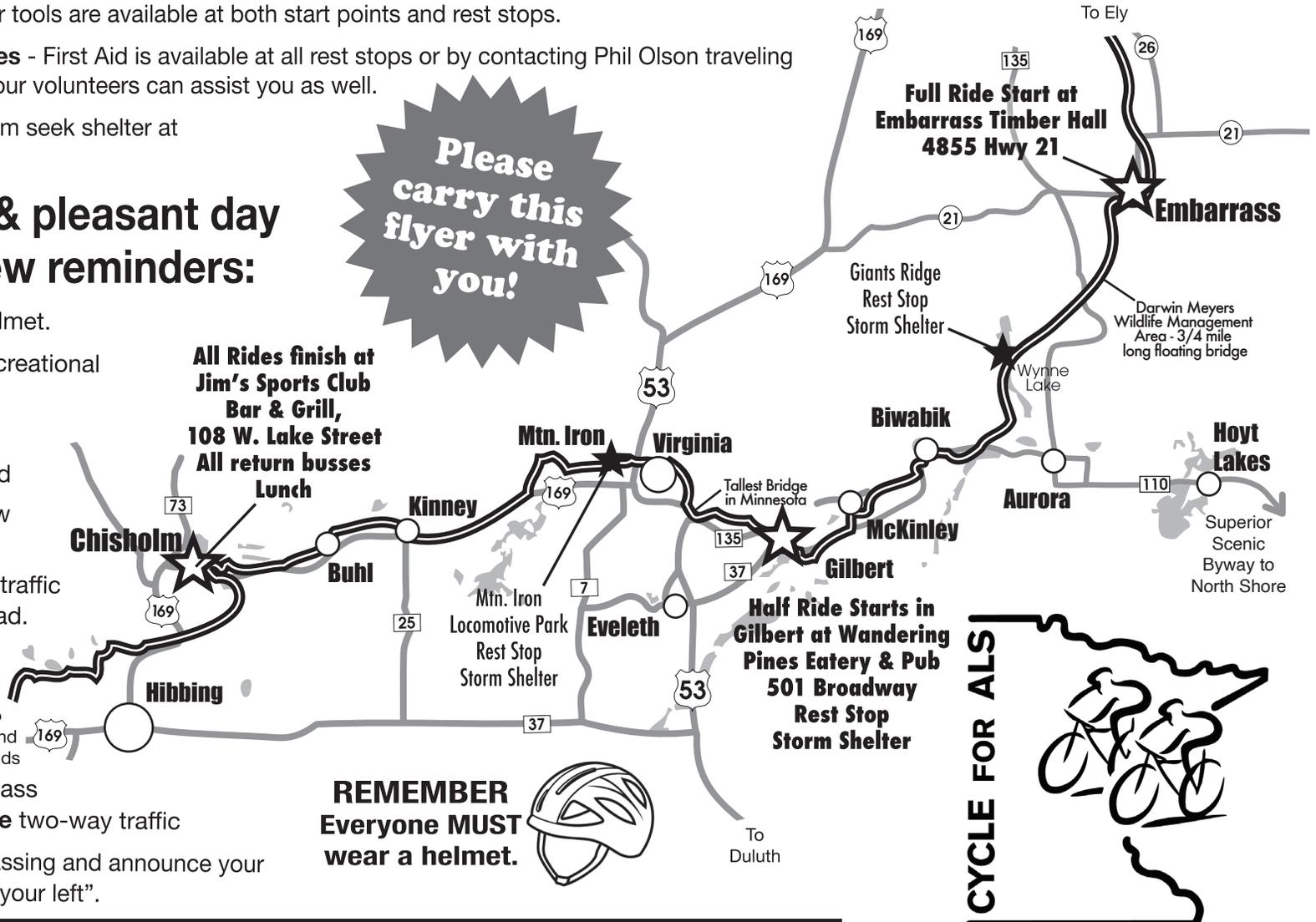
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Please carry this flyer with you!



REMEMBER Everyone MUST wear a helmet.



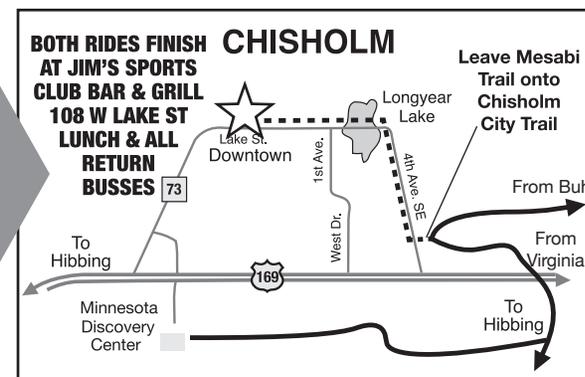
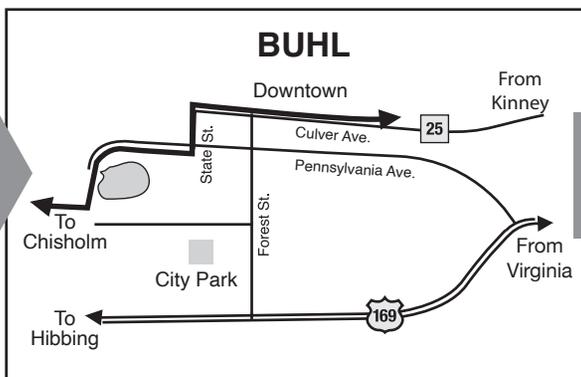
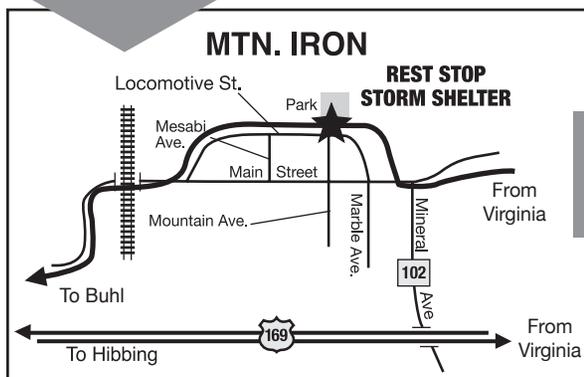
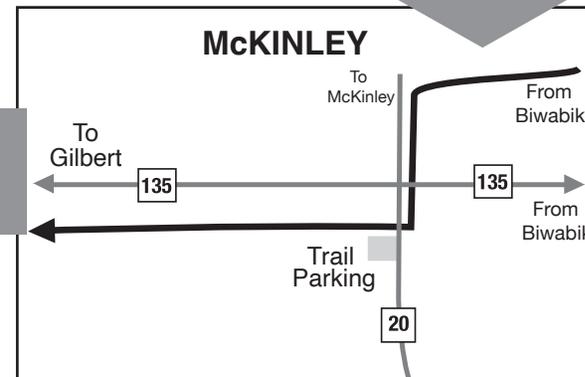
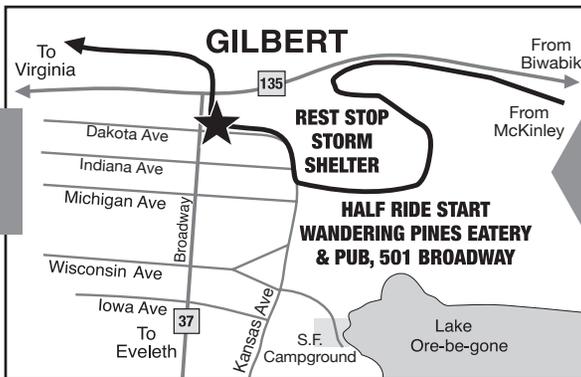
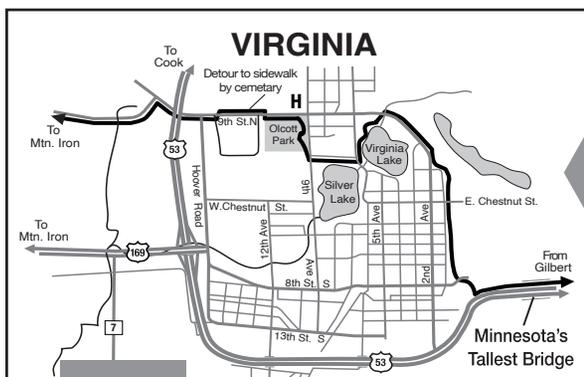
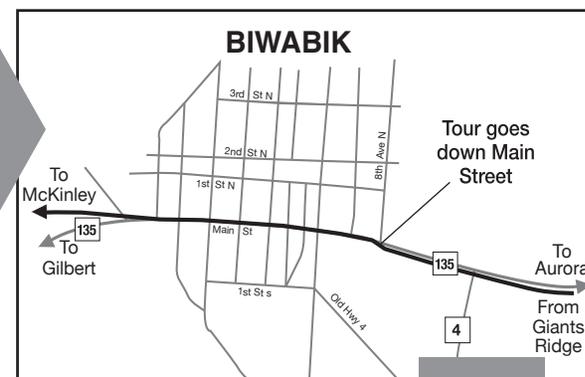
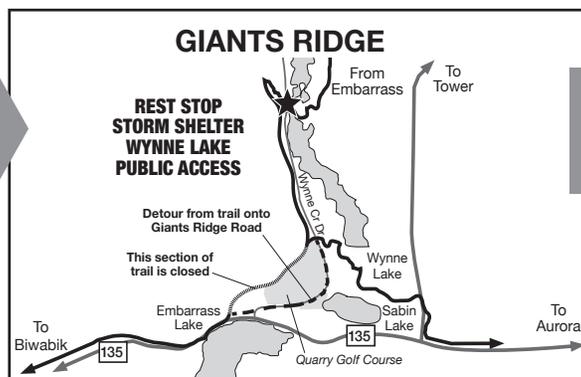
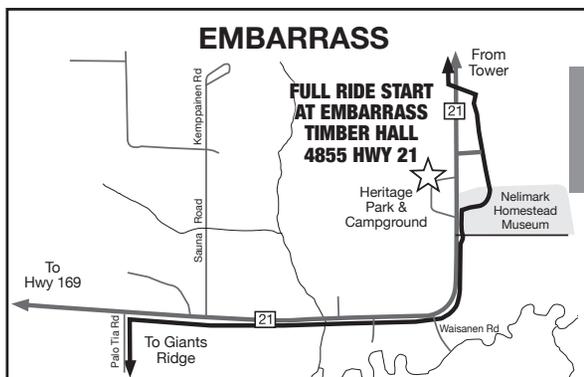
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